

NLP Practitioner Course Prospectus

Course Outline

How to get the most from this training

Rules for being Human

Learning Frames

What is NLP?

Outcomes

Frame setting

Magic of using outcomes

Rapport

Representational systems

Predicates

Submodalities work sheet

Anchoring

Present to desired state

New Behaviour generator

Dealing with difficult people

Simple Belief Change

Unified Field

Jungle Jim

Meta Model

Time and Time Lines

Logical Levels

S.C.O.R.E. A model for Change

Erickson and Hypnosis

Reframing

Sleight of Mouth

Metaphor

Leadership

The use of Language

Managing Change
Fundamentals of Leadership
Personal action commitments
Accelerated Personal Development
Metaphor Exercise 1
Metaphor Exercise 2
Meta-Programs
Skills of Anchoring
Collapse Anchors
Stacking and Chaining Anchors
Change History
V/K Dissociation
Six Step Reframe
Visual Squash
The Swish
Wishing to Wanting
Movie in the Mind
Circle of Excellence
What makes an experience compelling
You are a Learner
Finding Life's Passion
Values and Principles
Developing a Vision
Aligning yourself with your mission
Utilizing a hero
Developing a plan
Rapid Rehearsal
Taking Action
Movie Reversal
Fast Phobia Cure
Modelling
TOTE

Implicit and Explicit Modelling

Multi Level Modelling

The beginning of the rest of your life

Support and Study groups

Use it or loose it!

This is an intensive training programme. We cover all the essential NLP elements. The needs and interests of the group help shape the training process. If you have a particular interest in certain aspects of NLP please make these interests known to us. We will be happy to discuss this with you before the course commences.